

Public Health Measures implemented nationally on 18 Aug 2020

	National As of 18 Aug
Internal Movement within the country	No restrictions
Visitors to homes	Max 6 people from no more than 3 households
Outdoor mass gatherings	Max 15 people
Indoor mass gatherings	Max 6 people from no more than 3 households
Work	Work from home where possible
Public Transport	Avoid where possible
Retail	No restrictions. Guidance & protective measures in place
Cafes and restaurants	No restrictions. Guidance & protective measures in place
Hotels	No restrictions. Guidance & protective measures in place
Personal Services (hairdressing, barbers, beauty salons etc.)	No restrictions. Guidance & protective measures in place
Controlled arts environments (theatres, museums, art galleries, cinemas etc)	Open, with guidance & protective measures in place. Maximum 50 people with groups kept to maximum of 6 people from no more than 3 households
Other venues and services (betting shops, bingo halls)	Open, with guidance & protective measures in place Halls: Maximum 50 people with groups kept to maximum of 6 people from no more than 3 households

	National As of 18 Aug
Sports	<p>Matches/events can take place, but behind closed doors</p> <p>Gyms/leisure centres/swimming pools/exercise and dance studios can remain open with strict distancing and other appropriate protective measures in place.</p> <p>Exercise and dance classes should be limited to 6 people and observe physical distancing rules.</p> <p>Groups exercising outdoors should be limited to 15 people, including training sessions. There should be no mixing between groups.</p>
Funerals	No restrictions, protective measures in place. Maximum of 6 people at linked indoor events.
Places of worship	No restrictions, guidance and protective measures in place
Visitors to residential care facilities	No restrictions, guidance and protective measures in place
Childcare	Open, guidance and protective measures in place
Education	Open, guidance and protective measures in place
Outdoor playgrounds, play areas, parks, sports amenities	Open, guidance and protective measures in place
Medically Vulnerable/Over 70s	<p>Use individual judgement.</p> <p>Stay at home as much as possible and limit interactions to a very small network for short periods of time</p>